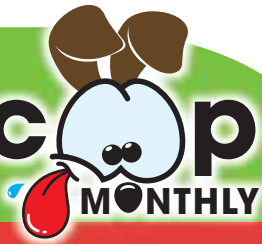




Pooch Scoop

Issue No. 1 October 2010



SPRINGWOOD DISTRICT DOG TRAINING CLUB INC.

SPRINGWOOD DISTRICT DOG TRAINING CLUB

BY FOUNDING MEMBER DOT LUKER

Eighteen years ago Ann Moy, Gwen Schofield and myself met twice a week at Summerhayes Park to train our dogs.

We had all trialled our dogs in obedience. Ann trialled a Doberman, Athena, Gwen a poodle Georgie, and I a German Shepherd, Luke and another German Shepherd dog Leica. One day we were approached by Pam Waters "who is a honorary life member now" to have dog training for the local community, we decided after much deliberation to give our time and start a club, never thinking it would become as big and successful as it has.

We had our first meeting at Pam and Leslie's house on Hawkesbury Road. It wasn't easy even then, we were allowed eventually to train at Summerhayes Park on Thursday nights but only on the hard court near the clubhouse. We did a lot of hard work to get going but thanks to the great members who came we soon were managing to have success. We only had four instructors, Ann Gwen a guy called Malcolm another trialler and myself. We were soon too big for where we were so after much interaction and frustration council and other groups let us move to Lomatia Park. For the first time we had a clubroom to use. After dragging tea and coffee, milk, flasks, biscuits etc. home after training we really appreciated it, because we had space we could put some jumps in the clubhouse. We were given the right hand side as we entered the clubhouse and told not to use all the room, and look what happened, the club grew but it was hard going to grow financially. I myself donated our first obedience equipment and Ann Moy donated the first Agility equipment.

Over the years we have become very busy, we were about two years old when we became affiliated with Canine Council now DOGS NSW, at Erskine park this meant we had to have an Obedience Trial each year which were all held at Lomatia Park until three years ago when we moved our Obedience Trial to Dogs NSW at Erskine Park. We also



Dot then

started having a yearly agility trial, which is still held, at Lomatia Park.

Over the years we have had great members come and fill positions and some become instructors, which has enabled us to have all the classes we have today. Ron Amann has been here for many many years, Wally our table manager has too, Trudy, Lynn Olsen, who instructs every week, Jenny Prestige, Celeste Paxon, Kay Arkins, Trevor, Ella and Bill, have been here a while too.

Whilst being with the club I have trained and trialled five obedience champions. I now have my borders, but I also trialled the first German Spitz to do obedience. I had Tinka my beloved little sheltie who had her UD and I am still trialling and training.

I am proud to have been there from the beginning, working alongside all the wonderful people past and present. We have done many things in the community, demonstrations at Glenbrook on Australia day, Foundation day in Springwood, and marched with our dogs on Anzac day.

We try to educate the community in good dog management and help them how to train their dogs.

I'm sure someone will be writing in the newsletter in another eighteen years time telling of all the wonderful things the club is doing. I could go on forever telling how we do Flyball, Pet classes, fun nights etc., but I must stop somewhere.

Have fun with your four legged friends you will never be disappointed, they will give you so much back!



Dot now

SPRINGWOOD DISTRICT DOG TRAINING CLUB INC

UPDATE SEPTEMBER 2010

ANNUAL GENERAL MEETING: The AGM for the Springwood District Dog Training Club INC was held on the 28th August 2010. We had several new members attend our meeting it was great to see them and thank you for coming along.

Committee for 2010 is:

President	Ann Lenehan
Vice President	Dot Luker
Secretary	Leanne Brown 47542910
Treasurer	Ella Sweeney
Committee	Robin Assar, Vickie Finn, Julia Lawrie, Elaine Browning
Publicity Officer	Lynn Olson
Trophy Officer	Dot Luker
Table Manager Obedience	Wally Campbell
Table Manager Agility	Sarah Visser
Shop Manager	Ella Sweeney
Chief Instructors	Ron Amann & Nicola Read
Obedience Trial Manager	Bill Sweeney
Obedience Trial Secretary	Vacant
Fly Ball Manager	Dot Luker
Agility Trial Manager 2011	Trevor Mawer
Agility Trial Secretary 2011	Charnel Cameron
Website & Newsletter Co-Ordinator	Ella Sweeney ella.sweeney@bigpond.com
Sports Council	David Brown
Hon Patron	David Brown
Hon Vet	Antony Karolis BVSC

They will all be working hard for our club and representing you. Remember you are always welcome to attend our clubs general meetings at the Red Cross Hall Springwood on the 3rd Tuesday of the month except January.

Life Members: Dot Luker, Ann Moy, Ron Amann, Wally Campbell.

Honary Members: Pam Waters, Lesley Piggott.

Annual General Meeting held at the clubhouse at Lomatia Park last Thursday night in August 7:30pm.
There is no dog training held on this night.

Web Site: www.sddtc.org

Email: info@sddtc.org

Training Nights at Lomatia Park

Agility: Monday 7:30pm

Obedience: Thursday 7:30pm

Fly Ball: Friday at 7:30pm

Wet weather ring 4780 5617 to see if oval is open.



Proud to Sponsor SDDTC

SPRINGWOOD PRINTING CO. LTD.

500 FULL COLOUR BUSINESS CARDS \$125 INCL. GST

465 Great Western Highway Faulconbridge

4751 6119

Fax 4751 1745
sps@springwoodprinting.com.au

2nd

Pooch Scoop Monthly

Agility

Agility is a great Dog sport.

It involves you guiding your dog around a series of obstacles in the fastest possible time. Some of the obstacles include the a-frame, weave poles, tunnels, the dog walk, see-saw and of course jumps of varying types.

It is a lot of fun for both the dog and the handler and surprisingly you don't have to be particularly fit.

Small dogs jump smaller jumps than the bigger dogs so all dogs are catered for. If your dog can come when called,

doesn't run off when off lead, is friendly to other dogs and people and has no joint problems come along and see if you like it.



Eisha without her cape

Puppies can come along and learn the obstacles but they will not be allowed to jump until they are fully grown at about 12 months so they won't develop any joint problems.

Our Agility Trial is coming up on the 17th October. Come along and watch this fun sport in action.

If you want you can help out on the day, see Nicola or Leanne.

We look forward to seeing you there.

See yourself in print

Have you a story about your dog, treat recipes, tips or interesting articles?

This is Edition 1 of our newsletter. It is for every member of the clubs so if you have photos or anything you would share with us please do so and we can keep it interesting each month. We would love to have your input.

Whether you have just joined the club or have been with us for a long time we would love to hear from you.

Please send it to ella.sweeney@bigpond.com

I don't mind having articles ahead it will make it easier for us all...thank you.

A wee note from the Sweeney Family

The club held it's AGM last Thursday night and I was nominated and accepted the job of Treasurer for the 6th year.

I also took on the shop manager again and although it can get tough it's pretty rewarding too, meeting new people and their best friends each week. We have big dogs and tiny dogs and they all do one thing very well and that is giving us unconditional love which is great.

We are about to order some new designed polo tops and light wear jackets so if you are interested in being one of the first to have one please order from me at the table. T-shirts are \$40 and the jackets are \$64. There is no profit to the club for these just what we are charged from the company.

One of our dogs Sally the cocker spaniel is usually at the shop table, which she runs and takes her job very seriously, take Care Ella.



Sally

My Husband Bill is the Obedience Trial Manager, an instructor and general dogsbody for the club. He also trains and trials our other 2 dogs Marla a 5 year old rescue dog who just got her UDX Title in June the highest

Title you can achieve in the Obedience ring.

Our 3rd dog Elsa a Rhodesian Ridgeback affectingly known as the pony around the trial rings has her UD title. She is 3 years old and needs 3 more passes to become an Obedience Champion then she can go into the UDX ring to go for the top title. She is the highest ranking Ridgeback in NSW if not Australia at the moment as they are known to be couch potatoes. I am proud of all my girls and my hubby too!



Marla



Elsa



Bill and the girls

4th

Pooch Scoop Monthly

Upcoming Events



- October 2nd & 3rd State Titles: Obedience Trial Erskine Park
- October 17th Springwood Agility Trial at Lomatia Park
- 28th October Halloween Night. Come along dressed up you and your dog and have some fun.
- 3rd December Christmas Presentation Dinner.

Reminder

- Trophy request need to be given to Dot Luker ASAP
- If you can help out at the Agility Trial on the 17th October please see Leanne or Nicola.
- Any donations for our raffle will be greatly appreciated.

Members Shop

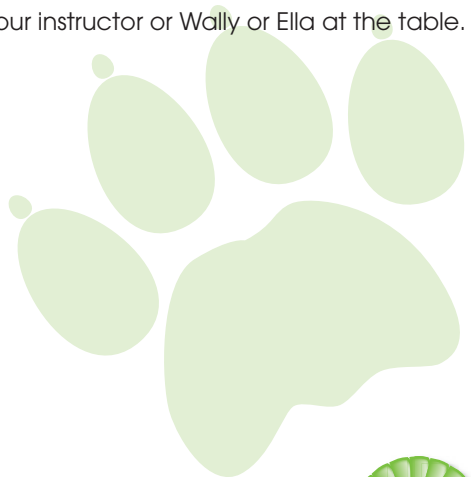
We keep certain items for sale to our members. The club makes very little from this as we aim to help our members and their canine friends.

As I am sure you all know, nobody who you see at the club, for example instructors, table manager, shop manager and general dogsbodies, gets paid to turn up each week and help you train your dog. We do it for the love of the sport and quite a few of us take our dogs to obedience and agility trials at weekends.

Anybody who is interested in this, speak to your instructor or Wally or Ella at the table. It is good fun for humans and the dogs love it.

SHOP PRICES

We sell nice warm jackets	\$60.00
Vests	\$40.00
Caps & beanies	\$10.00
T-shirts	\$32.00
Dog treats (liver)	\$2.50 Bag
Pigs ears	\$1.20 Each
Halti's	\$22.00
Leads	\$14.00
Collars	\$14.00
Treat bags	\$22.00







New Members for September

We would like to welcome our new members for September who still cared about their puppies enough to come out on a very wet and miserable night we look forward to seeing you all every week at training.

- Pauline Waters and Zaye
- Alison Mair and Lily
- Amie Ray and Oscar
- Inga Schers and Elke
- Georgina McBeath and Max
- Una Hughes and Flash
- Deborah and Georgia Wheatly and Molly



Obedience & Agility Trial Results

OBEDIENCE RESULTS:

Bill Sweeney & O-CH Marla UDX AD came first in the UD ring at Castle Hill on 4th September

That was Bill's first trial since June when he had surgery so well done Bill & Marla.



AGILITY RESULTS:

Leanne Brown & Eisha	500	Qualification in Gamblers Novice Sat 4th September
	500	Qualification in Jumping Dog Excellent Sun 5th September
Charnel Cameron & Ollie	300	Qualification in Jumping Dog Novice 2nd place & TITLE
Penny Mead & Callum	300	Qualification Strategic in Pairs Excellent 1st Place & TITLE
	300	Qualification in Gambler Dog Excellent 3rd place & TITLE
	300	Qualification in Snooker Dog Excellent 3rd place
	300	Qualification in Jumping Dog Masters NQ 3rd place
Amanda Pennyquick & Jackson	300	Qualification in Novice Gamblers 4th place & TITLE
		Qualification in Novice Snooker 2nd place
Belinda Ferguson & Sasha	300	Qualification in Novice Gamblers (in her first trial)
<i>Great stuff Belinda and congratulations to you all dogs included 4 Titles in one day our wee club is going places.</i>		
Nicola Read & Coogee Jumping dog of the Year 5th place		
	500	Qualification Masters Agility
	500	Qualification Masters Jumping
	500	Qualification Masters Snooker 1st
Nicola Read & Puzzle	500	Qualification Masters Jumping
Nicola Read & Puzzle	500	Qualification Masters Strategic Pairs

Not too bad for a wee dog club in the Blue Mountains...

BLAXLAND
4739 4492

pets & ponds

"The Pet Shop for Animal Lovers"

**Hope Street Blaxland - Down the Road from IGA
Open 7 Days - Parking at the Door**

**10% Club Discount
or 5% when also using store's
8th One Free loyalty scheme**

8th

Pooch Scoop Monthly

Stem Cell

from VET Tony Karolos BVSC

Great news, for the first time Regenerative Stem Cell Treatment (RSCT) is available to the average pet owner. Nepean & Mountains Animal Hospitals are now able to offer RSCT and have already treated their first patient. The treatment is great news for arthritis sufferers.

We can now replace damaged cartilage and bring new life to worn out joints. The stem cells are collected from the fat of the pet to be treated. All we require is 20 grams of fat.

The cells which we extract from this fat are called adipose stem cells. These stem cells are able to transform into any cell type in the body. In our arthritic pets we place the cells into the affected joints and they become brand new cartilage cells. In the past, arthritis management has relied on anti-inflammatory medication, nutraceuticals like glucosamine and chondroitin, cartrophen injections, weight loss and a reduction in activity. Now we

can repair some of the damage instead of just managing the inflammation.

Dogs that have had joint surgery like cruciate ligament repairs and patella (kneecap) alignments will also benefit as there is invariably a large amount of arthritis associated with these problems.

In the past RSCT was extremely expensive (over \$8000 per treatment), was only available from Ku-Ring-Gai Vet Hospital and the yield of stem cells was far lower. Nepean & Mountains Animal Hospitals have partnered with Medivet to produce a RSCT treatment which can be performed on site at Nepean Animal Hospital and yields five times as many stem cells as the older technology. Not only that, the price is down to \$2400. Obviously this still represents a big investment in your pet's good health. For further information I recommend you visit our website at nepeananimalhospital.com.au as I have created a list of frequently asked questions.


Nepean & Mountains Animal Hospitals

74 Murphy Street
Blaxland NSW 2774

50 Mulgoa Road
Regentville NSW 2745

There *is* a difference

Pooch Scoop Monthly

9th

Dog Training Tips

That cute and cuddly pile of fluff that you brought home from the shelter, pet store or Br can do no wrong, right? Actually, puppies learn very quickly, both good habits and bad. The time to begin training your dog is as soon as you get it home, however if you have neglected that until now, it is not too late. Most dogs are notoriously eager to please, and by spending just a few minutes every day, you will soon have a companion that the entire family will enjoy.

Before you begin training, you will need a collar, leash, and some dog treats. Although you can find dog treats at just about any grocery store, it is cheaper and easier to use bits of cheese and hot dogs. Regardless of whether you use prepackaged dog treats, cheese, or hot dogs, cut them into small enough pieces so that your dog only gets a small taste with each treat. This will keep him eager to work for more.

Begin by introducing your puppy to a collar and leash. Simply put the collar on him, attach the leash, and let him run through the house or yard. Once he gets used to the concept of having something hanging off him, you can pick up the end of the leash and begin gently convincing him to obey the leash. Start by giving him a gentle tug, and reward him liberally with pats and a treat when he obeys. Continue this way until he happily follows along at your side. For some dogs this will happen the first day for others it will take a while longer.

Once your dog moves along by your side nicely you can start teaching commands such as "sit", "down" and "stay". The methods for all of these are basically the same. Start by physically putting him into the position that you want him in, and then give him the command. Follow this immediately with a treat and a "good dog".

Continue that way until he seems to anticipate what you are going to ask him to do, then just give him the command without touching him. If he does what you ask immediately give him a treat, if not, put him in position. And then repeat the command. Teach one command at a time, and only move on when he understands the previous command.

Once he understands how to "sit", "down" and "stay" you can teach him to come when called. Sure he probably comes now, if you yell a lot

and he doesn't have anything better to do. The goal of teaching him to come on command is that he will come immediately, every time you call him.

This is a potentially

life saving exercise, as you can call him away from a busy road, or an encounter with a strange dog easily and reliably. Begin with the leash on and telling him "Fido" (whatever his name is) COME!!.

Use an excited voice, and give a sharp tug on the leash. As soon as he comes to you give him a treat and lavish him with praise. As he catches on to this exercise, use a longer leash (a clothes line works well), continue with the treats. Give him time to sniff around and when he is not paying attention, that is when to give him the command.

Once he is reliable, you will want to find a park or field where you can let him off the lead and try the exercise. Does he come immediately? Good, now you can start scaling back on the treats, until gradually he very rarely gets a treat (but always a GOOD DOG, and a pat).

With plenty of consistency and patience, your dog should be a pleasure for the entire family to enjoy.



Where'd everybody go?



CHICKEN AND KIBBLE

Ingredients

- 3 to 4 chicken breasts (no bone, no skin)
- 1 1/2 cups non-sticky rice (we use basmati)

Directions

Microwave the chicken breasts until fully cooked. Cut into tip of the finger size pieces. Reserve the juice for the first meal. Steam the rice until fully cooked. Combine the chicken and rice. Add a pinch of salt if you didn't already salt the rice. Add any other seasoning your dog likes.

When ready to feed the dogs, combine half their recommended kibble with sufficient chicken/rice mixture to make up about 1/3 their ration. Make up the rest with fat free cottage cheese.

This makes a very low fat diet, typically less than 10%. You can add vegetable fats or fish oil to improve vitamin absorption, but do be sparing. In the first batch of food, add the cooking juices from the chicken to the kibble.

This recipe makes enough food for several feedings, so don't put the chicken drippings in the storage container: it will only hasten spoilage. Also, don't leave the mix down: it will spoil very fast.

We make a batch of chicken/rice every other day. If you have one or smaller dogs, you can reduce the recipe. The vets say they have never seen healthier dogs.

From unknown author

PUMPKIN COOKIES

Ingredients

- 1 1/2 cups whole-wheat flour
- 1/2 cup pumpkin, canned
- 1 tablespoon brown sugar
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 4 tablespoons Oil
- 1 whole egg
- 1/2 cup buttermilk

Directions

Preheat oven to 180 degrees. Combine flour, cinnamon and nutmeg and cut in shortening. Beat egg with milk and pumpkin and combine with flour, mixing well. Stir until soft dough forms. Drop by tablespoons onto ungreased cookie sheet and bake for 12 to 15 minutes. Let cool and serve.



mmmmm mouth watering

BREATH BUSTING' BISCUITS

Ingredients

- 1 1/2 cups whole wheat flour
- 1 1/2 cups Biscuit baking mix
- 1/2 cup mint leaves -- loosely packed
- 1/4 cup milk
- 4 tablespoons margarine
- 1 egg
- 1 1/2 tablespoons maple syrup -- or corn syrup

Directions

Combine all ingredients in food processor, process until well mixed, mint is chopped, and a large ball forms. Press or roll on non-stick surface (floured board or ceramic) to a thickness of 1/4-1/2". Cut into 1x2" strips or with bone-shaped cookie cutter and place on non-stick cookie pan. Bake at 180° for 20 minutes or until lightly browned.

Cool and store in airtight container. Makes about 30 medium biscuits.



Springwood District Dog Training Club would like to thank the following people who made this newsletter happen by generously sponsoring our club we appreciate what they have done for us very much.

Warren from **Springwood Printing** was the first Company who offered to help us and we now have this fantastic colour newsletter.

Pets and Ponds who have been a local company for a very long time also offered to help giving us \$30 each month plus giving a 5% discount on customers on their loyalty scheme and 10% to customers not on that scheme when they show their Springwood Dog Club Badge.

Then Tony from **Nepean Animal Hospital** in Blaxland was extremely happy to come on board he has also promised us \$30 each month as well as some interesting articles for the newsletter itself.

Thanks again... our canine friends say

woof woof!